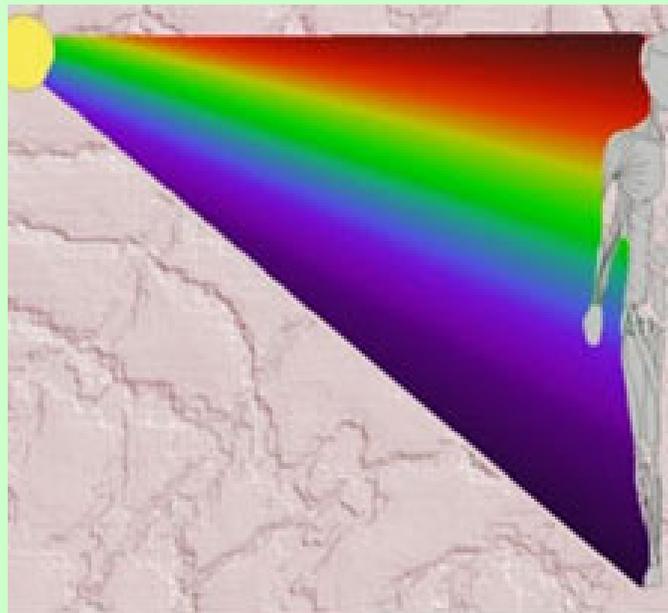


Chromotherapy

Practical Manual for
Spectrochromotherapy



Composed and Researched
by
Master George Dangel

CHROMOTHERAPY

Compiled and Researched
By
Master George Dangel

Practical Manual for
Spectrochromotherapy

Copyright 2005

Table of Contents

	<u>Page</u>
Chromo-Therapeutics, From "The Principles of Light & Color"	5
Properties of Colors	5
Chemical Affinitive Colors	5
Kinds of Healing Elements	6
The Healing Power of Red	6
When the Red is Injurious	6
The Healing Power of Yellow and Orange	7
When Yellow is Injurious	7
The Healing Power of Blue and Violet	7
Healing Power of Blue and White Sunlight	8
When Blue and Violet are Injurious	8
Healing By Means of Substances Charged with Blue Light	8
Healing Power of Pure Sunlight	9
Disastrous Effects of Lack of Sunshine	9
Color in Glass for Healing	9
Colors to Use	9
General Suggestions for Healing	10
Summary	11
The Nature of Atoms	11
The Cause of Color Affinities	13
Materials of Colors	13
Other Octaves of Color	14
Color of the Body	14
The Philosophy of Cure	17
Color the Measure of Force	17
Medicating By Light	18
Charging Substances with Color	18
Use of Color Charged Water	19
Sight Charged Substances	19
Charging Gases	20
Healing by Light and Color	20
The Sum Up Color Power in Healing	21
The Philosophy of Force	21
Two Great Divisions of Force	22
Cold Forces	23
Chemical Affinity	24
Chemical Repulsion	25
Theories of Disease	25
The Law of Power	25
Colors and Their Effects On Health	27
The Color Cure	29
The Use of Different Colors	29
The Apparatus Required	30
Directions for the Treatment of Specific Diseases	30
The Digestive Organs	30
The Respiratory Organs	31
Other Diseases:	31
Auxiliaries to Color Healing	32
Qualifications for Health	32
Color Healing, From "The Aura & What It Means To You"	34
Healing and Regeneration Through Color	36
Color Therapeutics	36
Colors in Treatments	37
Color and Diet	37
Color In the Treatment Of Disease	39
The Basis of Color Treatment	39
The Mental Aspect	39
The Use of Color	40
Methods of Treatment	41
What Colors to Use	42
Colors of Body Parts	43

Diseases Treated	43
White Light	43
In Closing	44
Color - Its Power, Action and Therapeutic Value	45
What is Color	45
Reactions to Color	45
Red	46
Blue	46
Yellow	46
Green	46
Purple	47
White	47
Color Therapy	47
Heat Rays	47
Physical Effects of Light	48
Effects of Color	48
Treatment	48
Color to Use	49
Fragrant and Radiant Healing Symphony	50
The Seven Keys to Color Healing	52
Methods of Treatment	52
Treating Consciousness	53
Red	53
Orange	55
Treatment	56
Yellow	57
Green	58
Blue	59
Indigo	60
Violet	62
White	63
The Human Atmosphere	65
The Colors in Disease	67
Color and Healing	68
Effects of Color	68
Man's Threefold Nature	69
Colors Heal in Two Ways	70
Color Exercises	70
The Four Temperaments and Color	71
Anyone Can Paint	72
The Alchemy of Light and Color	73
The Physical Basis of Color	73
The Chemical Basis of Color	73
The Biochemical Basis of Color	74
Visual Color Experience	74
How to Make Color Work	76
Color in Health and Disease	78
Why Color Affects Us	79
Disease Vibrations	80
How Drugs Work	80
The Color Circle	80
The Therapeutic Properties of Color	81
Red	81
Orange	81
Yellow	82
Green	82
Blue	82
Violet	82
Ruby	83
The Practice of Color Treatment	83
Where to Apply Color	83
Specific Treatment for Various Diseases	84
Neurosis, Cerebro-Spinal and Other Nerve Ailments	84

Heart and Circulation	85
Respiratory Organs	85
Digestive Organs and Alimentary Tract	85
Skin Diseases	86
Fevers	86
Eye and Ear Ailments	86
Length of Exposure	87
Color Healing	89
Colors and Their Indications	90
Case Histories of Treatments	90
Harmonic Contrasts	91
The Irwin Trinity-Color System	91
Rhythmic Color Treatments	91
Diagnosis	92
Breathing Instructions	92
Rithmo-Lite Therapy	92
Duo-Color Treatment	92
The Combination of Colors	93
The Complementary Colors	93
Further Diagnosing	93
From Lecture Course to Physicians	94
Color to Diagnose Disease	94
The Sympathetic-Vagal Reflex	94
Color as a Means of Differentiating Polarity and Rates and Modes of Motion	94
The Chromatic Curve	96
General Observations	98
Radiant Colors Designate the Disease	98
Colored Screens	98
How to Find the Activity of the Diseases	99
Explanation of the Action of the Attenuated Screens	100
Checking Complications	100
Radiant Colors – Their General Use	100
Colors and Remedies	101
Influence of Colors	102
Radiant Color Treatments	102
Complementary Colors	103
What Color Means To You	104
Color Breathing	106
Color-Skin-Breathing	107
Light and Color Therapy	109
Color Therapy	109
Radiant Light Cabinets	110
Rhythmic Interrupted Radiant Light	110
Treatment of Diseases	111
Summary	113
The Role of Color in the Healing Arts	115
Chemists, Doctors and Color	116
General Directions for Use of Color Projector	120
Combinations of Colors	120
Red	120
Orange	121
Yellow	121
Lemon	122
Green	122
Turquoise	123
Blue	123
Indigo	123
Violet	124
Purple	124
Magenta	125
Index	126
GRAPHICS (pages 12, 16, 55, 81, 96, 97)	

CHROMO-THERAPEUTICS

From "The Principles of Light & Color"

Light, with its component colors, is a marvelous storehouse of power to vitalize and heal mankind. It produces not only color but chemical effects, heat, electricity, magnetism; its organic reaction is witnessed in all the flora and fauna of the earth.

All things manifest their potencies and their qualities by means of color. There is tremendous power in color repulsions and color affinities. From these facts an exact materia medica can be constructed.

The 7 different colors in sunlight are each composed of a different style and number of vibrations and each has special properties and chemical powers. Everything possesses a finer positive principle and a coarser negative principle.

The coarsest particles scatter white light. The finer particles scatter some rays from the red end of the spectrum. The finest particles scatter rays only from the blue end.

Properties of Colors

Color rays vary in their heating or cooling qualities, their effects on different body systems and their electrical, light or heating nature. Spectrum colors have the following properties:

Cooling and Soothing to Nerves & Blood	Dark violet Violet Violet-indigo Indigo Blue Blue-green	Electrical Or Cooling Rays	Dark violet To blue: Culmination Of Electricity
Animating to Nerves	Yellow-green Yellow Yellow-orange Orange	Thermal or Warming Rays	Yellow-green To Orange Culmination of Light
Exciting To Blood	Red-orange Red Dark red or Reddish black Infra red		Red-orange To Infra-red Culmination of heat

All substances under full chemical action tend to attract or combine in harmonious union those elements whose colors form a chemical affinity with their own.

All substances while under chemical action repel and tend to stimulate contiguous substances which have the same grade of color.

There are various amounts of heat in color rays, noted by placing colored glass over a thermometer and recording the rise of the thermometer.

The thermometer rose in the blue ray 1 degree, from 55 to 56 in 3 minutes. The thermometer rose in the green ray 4 degree, from 54 to 58 in 3 minutes. The thermometer rose in the yellow ray 6 degree, from 56 to 62 in 3 minutes. The thermometer rose in the red ray 16 degree, from 56 to 72 in 2 ½ minutes. The thermometer rose in the infra-red ray 18 degree, from 61 to 79 in 2 ½ minutes.

Chemical Affinitive Colors

The chemical affinities of different colors are as follows:

Infra-red (invisible thermal)	-	blue green
Red	-	blue
Red-orange	-	indigo-blue
Orange	-	indigo
Yellow-orange	-	violet-indigo
Yellow	-	violet
Yellow-green	-	dark violet

Acids are substances in which electrical forces predominate. Alkalies are of a thermal nature, expansive and relaxing in character. It can be noted that medical laxatives are alkaline.

The medical potencies of the coarser mineral elements can be judged by their color, as can the finer potencies of the vegetable kingdom; of water, air, electricity and magnetism; and the still finer forces of sunlight.

Sunlight is a truly celestial material medica, more safe, effective and enduring than that of cruder elements. Its movement, like that of all the finer forces of nature, is wonderfully soft yet penetrating and powerful.

Kinds of Healing Elements

Minerals are the crudest healing forces of nature, the coarsest of them being held down in the earth. In the more refined form they are absorbed by plant roots and become available to man in food and food-medicines. A still higher grade of food-medicine is found in the part of the plants growing above the ground which receive the refined elements of sunlight direct from the air. The finest potency of all comes from sunlight. But even this is transcended by the fine psycho-magnetic radiation which comes from highly organized human beings.

The Healing Power of Red

Red stimulates and increases the action of the warm red principle in the body, the arterial blood. It also acts as the harmonizing affinitive element of the cold blue principle that causes blueness of veins, pale countenance and so on.

Drugs which are red or reddish produce stimulating effects, such as Balsam of Peru, Capsicum, Cloves, Bromine, Iron, Red Cedar, Musk.

Oxygen develops the red principle of the blood. Red glass and red rooms excite and cheer.

Red light, like red drugs, is the warming element of sunlight. It is stimulating to the blood and also to the nerves, especially when some yellow light is also used. Following are some effects produced by the use of red light in illnesses:

1. A boy of 8 attacked by paraplegia and almost completely paralysed was covered with a white sheet and given strong red baths of one to two hours. In 3 weeks he walked firmly and entirely recovered in 2 month.
2. Consumption in the 3rd stage, both lungs involved, in a woman of 35, was relieved by red baths in about 2 weeks; 2 ½ months she had entirely recovered.
3. Nervous prostration and complete exhaustion suffered by a man of 45 was remarkably helped by the first red ray bath which acted as a tonic upon both mind and body. Small doses were given at first and increased gradually. In 3 weeks he was completely recovered, continuing to attend to his business throughout that time.
4. A woman of 45, delicate from birth, completely overcome by any exertion, became bedfast during change of life. The blue and red light treatment was applied, alternated according to variations in her condition. She recovered rapidly and remained in better health than ever before.

When the Red is Injurious

In a naturally inflammatory condition of the system, florid countenance, red hair, feverish and excitable temperament, red would be injurious. In an insane asylum patients placed in a red room became much worse; when put in blue surroundings they became quieter.

If red light is employed too much or too often it may produce dangerous fevers. It should seldom be employed without other rays and only in extreme cases where immediate action is necessary. The danger can be obviated by using the red light only a few minutes at a time, then using the blue glass or placing a wet bandage over the head. It is generally better to have blue glass over the head and red glass over the rest of the body.

The Healing Power of Yellow and Orange

Yellow is the central principle of nerve and brain stimulus, with the more violent types of stimulus tending toward the red or orange.

In drugs emetics are yellow with some red and orange, such as Indian Hemp, Lobelia, Tartar Emetic, Bloodroot, acting principally upon the pneumogastric nerve. Laxatives and purgatives have yellow as the chief color with red in drastic purgatives. May Apple, Senna, Colocynth, laxative fruits such as figs, prunes, peaches.

The healing power of yellow light with some red and orange was used successfully in the following cases:

1. In a case of costiveness sunlight was applied through a yellow-orange glass focused through a lens on the bowel. In 10 minutes perspiration was produced over the whole body and in 18 minutes a gentle passage occurred without pain.
2. A chronic bronchial irritation was treated with hot sunlight filtered through yellow glass and was immediately relieved.
3. Costiveness was relieved by drinking a half ounce of water in an amber colored vial held close to the yellow rays of a kerosene lamp for 7 minutes.
4. A patient using water charged with the sun's rays through yellow glass found it an unfailing cathartic and exhilarating to the spirits.
5. Drinking water charged in yellow wine bottles cured a woman of long standing constipation.

Water can be charged somewhat in a few minutes of bright sunshine, or by placing yellow-orange lenses out of doors where the light can strike them constantly and putting in fresh water every two or three days to keep it fresh. In severe cases it is well to take 2 to 4 teaspoonfuls of charged water before each meal until the bowels move or even every hour if needed.

When Yellow is Injurious

When the nerves are very active or irritable yellow should not be used. In fevers, acute inflammations, delirium, diarrhea, neuralgia, palpitation of the heart and any over-excitement, yellow or orange reddish tones are not to be used.

The Healing Power of Blue and Violet

Blue and violet are cold, electrical and contracting potencies, very fine and penetrating as well as soothing in inflammatory and nervous conditions. If the red arterial blood becomes over active and inflammatory, blue is the balancing and harmonizing principle. If the yellow or the red and orange principle of the nerves becomes unduly excited, the violet and also the blue and indigo would be the soothing principles.

This applies to the nerves of the cranium; stomach, bowels and kidneys when conditions of delirium, emesis, diarrhea and diuresis occur through overheating.

Drugs used for this purpose have the blue coloring and include aconite, belladonna, foxglove, ergot, cranesbill, logwood, blackberry, nitric acid and many others.

Green tea, which is the blue color combined with yellow, is astringent and gently exciting, the double quality coming from the two colors.

Blue, indigo and violet light heal on the same principles as the drugs but with a more delicate and less harmful effect. Many case histories show the power of these colors to heal specific conditions: