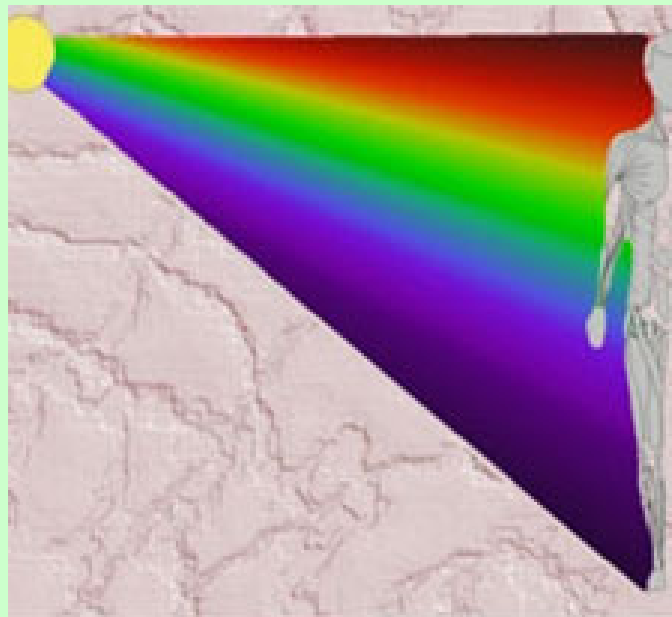


# Chromotherapy

Practical Manual for  
Spectrochromotherapy



Composed and Researched  
by  
**Master George Dangel**

# CHROMOTHERAPY

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Practical Manual for  
Spectrochromotherapy

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## CHROMO-THERAPEUTICS

### From "The Principles of Light & Color"

Light, with its component colors, is a marvelous storehouse of power to vitalize and heal mankind. It produces not only color but chemical effects, heat, electricity, magnetism; its organic reaction is witnessed in all the flora and fauna of the earth.

All things manifest their potencies and their qualities by means of color. There is tremendous power in color repulsions and color affinities. From these facts an exact materia medica can be constructed.

The 7 different colors in sunlight are each composed of a different style and number of vibrations and each has special properties and chemical powers. Everything possesses a finer positive principle and a coarser negative principle.

The coarsest particles scatter white light. The finer particles scatter some rays from the red end of the spectrum. The finest particles scatter rays only from the blue end.

#### Properties of Colors

Color rays vary in their heating or cooling qualities, their effects on different body systems and their electrical, light or heating nature. Spectrum colors have the following properties:

Cooling and Soothing to Nerves & Blood	Dark violet Violet Violet-indigo Indigo Blue Blue-green	Electrical Or Cooling Rays	Dark violet To blue: Culmination Of Electricity
Animating to Nerves	Yellow-green Yellow Yellow-orange Orange	Thermal or Warming Rays	Yellow-green To Orange Culmination of Light
Exciting To Blood	Red-orange Red Dark red or Reddish black Infra red		Red-orange To Infra-red Culmination of heat

All substances under full chemical action tend to attract or combine in harmonious union those elements whose colors form a chemical affinity with their own.

All substances while under chemical action repel and tend to stimulate contiguous substances which have the same grade of color.

There are various amounts of heat in color rays, noted by placing colored glass over a thermometer and recording the rise of the thermometer.

The thermometer rose in the blue ray 1 degree, from 55 to 56 in 3 minutes. The thermometer rose in the green ray 4 degree, from 54 to 58 in 3 minutes. The thermometer rose in the yellow ray 6 degree, from 56 to 62 in 3 minutes. The thermometer rose in the red ray 16 degree, from 56 to 72 in 2 ½ minutes. The thermometer rose in the infra-red ray 18 degree, from 61 to 79 in 2 ½ minutes.

#### Chemical Affinitive Colors

The chemical affinities of different colors are as follows:

Infra-red (invisible thermal)	-	blue green
Red	-	blue
Red-orange	-	indigo-blue
Orange	-	indigo
Yellow-orange	-	violet-indigo
Yellow	-	violet
Yellow-green	-	dark violet

Acids are substances in which electrical forces predominate. Alkalies are of a thermal nature, expansive and relaxing in character. It can be noted that medical laxatives are alkaline.

The medical potencies of the coarser mineral elements can be judged by their color, as can the finer potencies of the vegetable kingdom; of water, air, electricity and magnetism; and the still finer forces of sunlight.

Sunlight is a truly celestial material medica, more safe, effective and enduring than that of cruder elements. Its movement, like that of all the finer forces of nature, is wonderfully soft yet penetrating and powerful.

### **Kinds of Healing Elements**

Minerals are the crudest healing forces of nature, the coarsest of them being held down in the earth. In the more refined form they are absorbed by plant roots and become available to man in food and food-medicines. A still higher grade of food-medicine is found in the part of the plants growing above the ground which receive the refined elements of sunlight direct from the air. The finest potency of all comes from sunlight. But even this is transcended by the fine psycho-magnetic radiation which comes from highly organized human beings.

### **The Healing Power of Red**

Red stimulates and increases the action of the warm red principle in the body, the arterial blood. It also acts as the harmonizing affinitive element of the cold blue principle that causes blueness of veins, pale countenance and so on.

Drugs which are red or reddish produce stimulating effects, such as Balsam of Peru, Capsicum, Cloves, Bromine, Iron, Red Cedar, Musk.

Oxygen develops the red principle of the blood. Red glass and red rooms excite and cheer.

Red light, like red drugs, is the warming element of sunlight. It is stimulating to the blood and also to the nerves, especially when some yellow light is also used. Following are some effects produced by the use of red light in illnesses:

1. A boy of 8 attacked by paraplegia and almost completely paralysed was covered with a white sheet and given strong red baths of one to two hours. In 3 weeks he walked firmly and entirely recovered in 2 month.
2. Consumption in the 3<sup>rd</sup> stage, both lungs involved, in a woman of 35, was relieved by red baths in about 2 weeks; 2 ½ months she had entirely recovered.
3. Nervous prostration and complete exhaustion suffered by a man of 45 was remarkably helped by the first red ray bath which acted as a tonic upon both mind and body. Small doses were given at first and increased gradually. In 3 weeks he was completely recovered, continuing to attend to his business throughout that time.
4. A woman of 45, delicate from birth, completely overcome by any exertion, became bedfast during change of life. The blue and red light treatment was applied, alternated according to variations in her condition. She recovered rapidly and remained in better health than ever before.

### **When the Red is Injurious**

In a naturally inflammatory condition of the system, florid countenance, red hair, feverish and excitable temperament, red would be injurious. In an insane asylum patients placed in a red room became much worse; when put in blue surroundings they became quieter.

If red light is employed too much or too often it may produce dangerous fevers. It should seldom be employed without other rays and only in extreme cases where immediate action is necessary. The danger can be obviated by using the red light only a few minutes at a time, then using the blue glass or placing a wet bandage over the head. It is generally better to have blue glass over the head and red glass over the rest of the body.

### **The Healing Power of Yellow and Orange**

Yellow is the central principle of nerve and brain stimulus, with the more violent types of stimulus tending toward the red or orange.

In drugs emetics are yellow with some red and orange, such as Indian Hemp, Lobelia, Tartar Emetic, Bloodroot, acting principally upon the pneumogastric nerve. Laxatives and purgatives have yellow as the chief color with red in drastic purgatives. May Apple, Senna, Colocynth, laxative fruits such as figs, prunes, peaches.

The healing power of yellow light with some red and orange was used successfully in the following cases:

1. In a case of costiveness sunlight was applied through a yellow-orange glass focused through a lens on the bowel. In 10 minutes perspiration was produced over the whole body and in 18 minutes a gentle passage occurred without pain.
2. A chronic bronchial irritation was treated with hot sunlight filtered through yellow glass and was immediately relieved.
3. Costiveness was relieved by drinking a half ounce of water in an amber colored vial held close to the yellow rays of a kerosene lamp for 7 minutes.
4. A patient using water charged with the sun's rays through yellow glass found it an unfailing cathartic and exhilarating to the spirits.
5. Drinking water charged in yellow wine bottles cured a woman of long standing constipation.

Water can be charged somewhat in a few minutes of bright sunshine, or by placing yellow-orange lenses out of doors where the light can strike them constantly and putting in fresh water every two or three days to keep it fresh. In severe cases it is well to take 2 to 4 teaspoonfuls of charged water before each meal until the bowels move or even every hour if needed.

### **When Yellow is Injurious**

When the nerves are very active or irritable yellow should not be used. In fevers, acute inflammations, delirium, diarrhea, neuralgia, palpitation of the heart and any over-excitement, yellow or orange reddish tones are not to be used.

### **The Healing Power of Blue and Violet**

Blue and violet are cold, electrical and contracting potencies, very fine and penetrating as well as soothing in inflammatory and nervous conditions. If the red arterial blood becomes over active and inflammatory, blue is the balancing and harmonizing principle. If the yellow or the red and orange principle of the nerves becomes unduly excited, the violet and also the blue and indigo would be the soothing principles.

This applies to the nerves of the cranium; stomach, bowels and kidneys when conditions of delirium, emesis, diarrhea and diuresis occur through overheating.

Drugs used for this purpose have the blue coloring and include aconite, belladonna, foxglove, ergot, cranesbill, logwood, blackberry, nitric acid and many others.

Green tea, which is the blue color combined with yellow, is astringent and gently exciting, the double quality coming from the two colors.

Blue, indigo and violet light heal on the same principles as the drugs but with a more delicate and less harmful effect. Many case histories show the power of these colors to heal specific conditions: